**Personality Theory Writing Assignment:**

Using the textbook and the packet you completed, you will explain your own personality using multiple perspectives.

For trait theories, you will choose any TWO of the following three theories. You should include an explanation of each theory, to whom it’s credited, how it describes/assesses your personality, and whether or not you agree with it. Each perspective should be given at least a full paragraph. If you would like extra credit, you can write on all THREE perspectives.

1. Raymond Cattell’s Factor Analysis perspective (p.345)
2. Hans Eysenck’s personality factors (p.346)
3. Big Five Personality Factors (p.347)

You will also be writing about the Social Cognitive Perspective. You will of course explain the theory, and the psychologist/s associates with this theory. In addition, I want you to add the following:

1. Write about how reciprocal determinism impacts behavior. Give an example of a time where you have behaved differently than you normally would as a result of reciprocal determinism. (p350-352)
2. Explain what locus of control is, and whether you have an internal or external locus of control. What are the implications of your findings? (p.353-354)

This assignment will be due no later than **Friday, April 4**. If you are going out of town, or anticipate being absent Friday, *turn it in early.* Friday is the end of the quarter, and I can’t emphasize enough that I need all assignments turned in before we go on break. When we come back, report cards are being printed. If you get in a bind, you may also submit papers via email: [ericapeterson@choiceschools.com](mailto:ericapeterson@choiceschools.com). You are welcome to type this assignment, but you may also hand write it. I expect that you write this assignment in paragraph form including a brief introduction and conclusion.

Your overall grade will be determined by the completion of your packet, addressing all items requested in the writing assignment, your overall understand of trait and social cognitive theories, the structure and flow of your writing, including grammar and spelling. Your writing and your packet will serve as your second test grade for the third quarter.

**Paper: 75 Points (without extra credit)**

**Packet: 35 Points**

**Total: 110 Points (without extra credit)**

***Maximum Total: 125 Points (with extra credit)***